

Cherokee Mental Health Institute



Purpose

Cherokee Mental Health Institute (MHI) is one of Iowa's two mental health institutes providing short term psychiatric treatment and care for severe symptoms of mental illness. Cherokee has 24 adult psychiatric and 12 child/adolescent beds.

Who Is Helped

Cherokee provides inpatient psychiatric services to children, adolescents and adults.

96 percent of adult patients and 98 percent of the children and adolescent patients were involuntarily admitted in SFY15.

Individuals who are involuntarily committed for psychiatric treatment have been determined by the court to be a danger to themselves or others because of their symptoms of mental illness.

In SFY15:

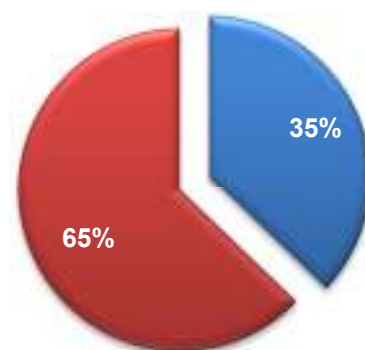
- 528 admissions
- 552 total served
 - 205 adult acute psychiatric
 - 347 children and adolescents

The average adult patient is a 38-year-old male who is involuntarily admitted. The average length of stay is 34 days.

The average child served in the inpatient program is a 14-year-old male who is involuntarily admitted. The average length of stay is 9 days.

Number Served in SFY15

- Adults Acute Psychiatric (35%)
- Children and Adolescents (65%)



- ✓ *Cherokee has a total of 36 beds or 5 percent of the 711 inpatient community psychiatric beds in the state.*
- ✓ *Cherokee served 48 percent of the total adult admissions to the MHIs in SFY15.*
- ✓ *Cherokee served 79 percent of the total children and adolescent admissions to MHIs in SFY15.*

Services

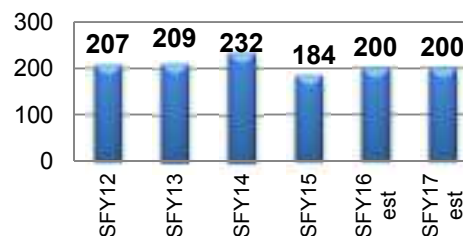
Adult Acute Psychiatric Services

- 24 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.

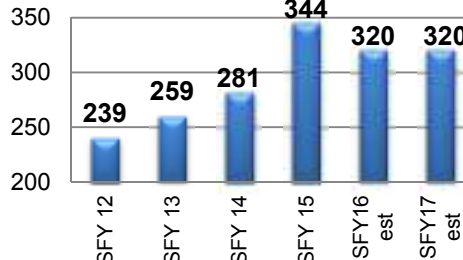
Inpatient Psychiatric Services for Children and Adolescents

- 12 inpatient beds.
- 24-hour psychiatric treatment and mental health habilitation.
- Academic continuance through MHI school.

Adult Psychiatric Admissions



Children / Adolescent Admissions



	<ul style="list-style-type: none"> ✓ <i>Cherokee is accredited by The Joint Commission.</i> ✓ <i>32 percent (53 FTEs) of the staff are direct care, 25 percent (42 FTEs) are professional and treatment professionals, 1 percent (2 FTE) is educational, 15 percent (25 FTEs) are maintenance, 14 percent (24 FTEs) are other support staff, and 13 percent (22.5 FTEs) are administrative.</i> ✓ <i>In SFY16, 83.5 percent of the Cherokee MHI operating budget is for staffing costs and 16.5 percent is for the support costs.</i> ✓ <i>11 main buildings on 209 acres.</i> 	
Goals & Strategies	<p>Goal: Promote Iowa's Behavioral Health Status</p> <p>Strategy:</p> <ul style="list-style-type: none"> • Improve the level of functioning of individuals served. • Reduce the use of restraint and seclusion. • Provide quality discharge planning to reduce readmission rate. 	<p>Results in SFY15:</p> <ul style="list-style-type: none"> • 100 percent of adult and child/adolescent patients showed improvement in ability to function as measured by the Global Assessment of Functioning (GAF). • 97 percent of adults are not readmitted within 30 days of discharge. • 26 minutes of restraint are used per 1,000 hours of adult inpatient hours. • 1 hour 23 minutes of restraint are used per 1,000 hours of child/adolescent inpatient hours.
Legal Basis	<p>State:</p> <ul style="list-style-type: none"> • Code of Iowa, Chapters 125, 217, 218, 225C, 226, 229, 230, 812 • Iowa Administrative Code, 441 IAC 28 and 29 	